

Qadisha Geography

- Geographically, the Valley can be divided into the below:
 - Saint Eliseus Valley in Bsharre (where the Saint Eliseus monastery is located and the body of the hermit Antoun Tarabay can be found)
 - Hadshit Valley, the valley where most monasteries and hermitages are located (Monastery of the Cross, Saint Sergius and Bacchus, Saint Behnam, Saint Shamouni, Saint Anthony, Saint Challita, St. John Coptic Church, Saint Thomas)
 - Hasroun Valley (St. James (Mar Yaacoub), Saint Asia, Saint Michael)
 - Qannoubine Valley (Monastery of Our Lady of Qannoubine which was the Patriarchal edifice for 400 years, Qannoubine Valley village, Santa Marina where the cemetery of 17 Maronite patriarchs is located, St. Anthony (Mar Antonios))
 - Al-Hadath Valley (Assi Al-Hadath cave, St. Aboun)
 - Houqa Valley (Monastery of Our Lady of Hawka, Houqa Assi cave)
 - Qozhaya Valley (St. Anthony the Great monastery in Qozhaya)
 - Then reaching Kosba and our Lady of Hamatoura
 - Each town in the Caza of Bsharre has several paths that lead to the Holy valley. The main road passes by St Eliseus in Bsharre reaching to Qannoubine then Houqa. However the smaller roads are not less important as they hold various religious monuments, and represent a panel of spiritual, historical and natural wealth.
 - The Holy Valley is originally a place of prayer and meditation where the visitor usually contemplates the beauty of nature and reminisces the asceticism of life that all those who have lived in the valley over the years have experienced.
 - The Valley represents an ideal place for hikers. As we mentioned, there are several roads leading to the Valley, as each town has several entrances and roads for pedestrians, allowing visitors to discover the valley and the surrounding villages.
 - The Valley represents a very special place for cave explorers. Each year, the discovery of underground caves increases the historical, cultural and spiritual importance of the valley. The Lebanese Association for Research has discovered several new caves in the Valley of Saint Eliseus, where hermits used to consider it as their hermitage. They used to live there and never come out again until their death.